

CAROL HASTINGS

TRAINING SPECIALIST



EDUCATION

Certified Professional In Learning and Performance® (CPLP) – Completed program

B.A., Spanish, University of Utah

INDUSTRIES SERVED

Hospitality, Manufacturing, Government, Construction, Food Services, Non-profit and Numerous Other Industries

DELIVERY STYLES

Energetically interactive and creatively participatory.

AB1825: STATEMENT OF COMPLIANCE

Carol has been facilitating Harassment Prevention classes since 2000. She has trained hundreds of classes for all departments of Los Angeles County and for a variety of other companies. She co-produced the first culturally-sensitive Spanish language sexual harassment prevention training video “No...Basta Yade Acosarme” (Stop Harassing Me... Enough Is Enough), which is used by companies to train their Spanish-speaking employees throughout the U.S.

Because of Carol’s vast experience, she exceeds California AB 1825 qualified instructor requirements. Carol has been delivering harassment prevention training for years and as a value-added feature to Carol’s delivery of this topic, Employers Group helpline consultants with over 15 years of harassment prevention and consultation experience apiece – many with juris doctorates -- are available to answer and assist with any and more complex compliance-related questions.

BRIEF BIOGRAPHY

Training Specialist

- A training professional since 2000, Carol draws on her years of business experience and excellent facilitation skills to make her training sessions vibrant and impactful for the learners. She provides training in English and Spanish.
- In recent years, she has been an employee training specialist at UCLA in the department of Environment, Health & Safety. Prior to that, she was a consulting trainer for Employers Group and the Office of Affirmative Action Compliance with Los Angeles County. Carol has facilitated hundreds of classes and developed training curriculum on a wide range of workplace training topics. Carol constantly pursues additional training tools and knowledge. She is committed to implementing innovative methods to make training experiences meaningful for class participants.
- She has been a volunteer interpreter for The Flying Samaritans and LIGA in their medical clinics in Mexico for 20+ years. In “another life,” she worked as a Production Coordinator for Jacques Cousteau film teams in Mexico and Latin America.

PROGRAM DESIGN & TRAINING DELIVER

Leadership	Working with Others
Communication	Diversity & Inclusion
Conflict Resolution	Facilitation Skills
Motivating Others	Problem Solving
Performance Evaluations	Planning
Performance Management	Team Development
Sexual Harassment and Discrimination Prevention	E-mail & Business Writing
Decision Making	Public Speaking Skills
Emotional Intelligence	Customer Service
Supervisory Law	Dealing with Difficult Employees
Change Management	Meeting Facilitation
Coaching Employees	Workplace Safety
Teamwork	

PROFESSIONAL DEVELOPMENT & ACTIVITIES

Professional Development:

- Registered Corporate Coach Program
- Advanced Presentation Skills
- Advanced Train the Trainer
- Facilitation Strategies
- Needs Assessment Methodology
- Thiagi Training Games
- Improvisation Techniques for Training Impact

Professional Involvement:

- American Society of Training and Development (ASTD)
- ASTD Board Members for Five Years
- Society of Human Resource Management (SHRM)
- Applied Improvisation Network (AIN)

WHAT CLIENTS SAYS ABOUT CAROL

- “Great Presenter – interesting, funny and professional.”*
- “Carol was great – very flexible and responsive to group dynamic. Made the training enjoyable for better learning.”*
- “Class was very thorough; I learned a lot and she kept everyone interested.”*
- “The way Carol taught the class makes a person want to learn more and she makes it enjoyable.”*
- Sampling of participant evaluation comments

- “We were expecting an ordinary training program; however, Carol brought something completely different to the table. Our trainees were completely involved throughout the training and, most importantly, we have seen a return on training investment.”*
- Client Comment (Human Resources Manager)